

Home and Center Based Parenting Supports

Has your family been struggling with issues related to your child's impulse control, difficulty expressing emotions, behavioral problems at home or school, difficulty making and keeping friends, depression and anxiety, or overall relationship issues? Have you tried office based therapy with little to no improvement? Do you feel like there is no help or support out there for you?

Don't DESPAIR--- there is a way for things to get better!

Live and Learn Early Learning Center has the opportunity to offer families this great NEW service right here at the center during your child's school day.

Therapist/ Coach provides intensive center based and in home parenting supports and therapeutic treatment to children and families struggling with behavioral, emotional and family issues. Our hands-on model allows Therapists and Clinical Mentors to provide your family intensive support and help you simply cannot get in an office based setting.

Parents are trained how to address their children's problematic behaviors, and feel more in control. Using a strength based perspective children's struggles are identified and addressed "in the moment." This allows children to learn and practice skills and learn new ways to handle their emotions and make more positive choices. Targeting maladaptive behaviors and responses when and where they happen allows families to achieve new levels of success never before experienced through office based therapy.

Home Base Collaborative Family Counseling can help your family experience positive change through our hands on, in-home approach to providing therapy. Together with Home Base you can create a calmer, happier and healthier environment for you and your family.

Home based appointments will be arranged with families at least once monthly while in the program. Services are billed through your Medicaid, Anthem, Blue Cross and Blue Shield or United Behavioral Health/ Harvard Pilgrim Health Care. Ask if your insurance is not listed.

**JESSICA M PINKHAM,
LICSW**

603-667-3035

<http://www.homebasenh.org/>

603-998-5186

KCallahan@homebaseNH.org



Please see the office for a referral.

If you have additional questions about these services please contact:

Home Based Family Collaborative
Directors,

Karis or Dennis Callahan

***Let them know you are calling from
Live and Learn